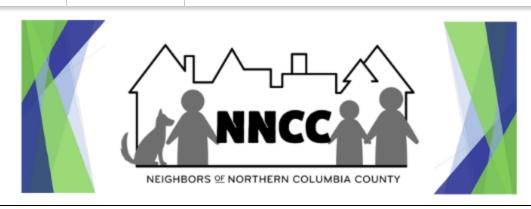
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Dear Fellow Member:

An NNCC membership renewal notice was recently sent out by our software tool. We had wanted to precede this notice with a bit of information and reminders. However, technology will do what it is programed to do, even if we humans aren't entirely sure of what that programming is.

I hope that everyone is staying healthy and managing the COVID restrictions in the best way possible. As you know, NNCC halted all in-person interactions in March but then we started to introduce some activities in early summer. These included inperson but safe activities like a walk on a nearby trail or bring your own picnic for a pleasant discussion with fellow members. We also resumed offering neighbor to neighbor help with outdoor chores and offered grocery delivery.

Additionally, for all members that had joined in the spring or fall of 2019, the NNCC Board chose to postpone membership renewal for four months. That's why the membership renewal has now gone out.

Although we are completely a volunteer organization, we have certain fixed costs. Membership fees help to cover liability insurance, background checks for volunteers, phone, website,

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Our primary focus for this year is helping our members address social isolation which has been exacerbated by COVID. Even in winter, we think we can offer safe outdoor activities, provide interactions via Zoom, and connect people in other ways. We are also anxious for "neighbors" to help "neighbors" if a need can be addressed in a COVID safe manner. See the articles below for upcoming events and volunteer opportunities. If you have questions or suggestions, please don't hesitate to contact us.

I'd like to close by letting you know that we appreciate our members, wish you all happy and safe holidays, and look forward to seeing you again in 2021!

Stay safe, Karen McGraw, President Neighbors of Northern Columbia County

Upcoming Events

NNCC invites you to meet friends old and new. Mark your calendars now, more details to come. All in-person events are socially distanced, masks required.

January 8 (snow date January 9) Group winter walk, location TBA.
January 12 Live Comedy Program. Join via ZOOM. We all need to laugh!
January 27 (snow date January 28) Bring your lunch to a Bonfire, hot chocolate provided.

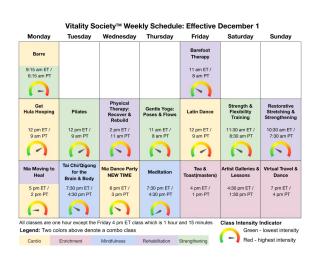
announced.

February 9 Live Comedy Program. Join via ZOOM. Expect more laughs!

Attend complimentary (Re)Vitalizing Classes in December, offered by Vitality Society

Join other Village members nationwide, from the comfort of your home, at sessions offered by Vitality Society. With sign up, through December, you'll be offered complimentary live fitness, wellness and enrichment (arts+) classes taught by top-tier coaches. These sessions are curated and designed specifically for people 60 and better.

Village members receive a discounted Vitality Society membership of \$19.99/month, and a free trial, if you enroll before December 31, 2020. The monthly fee rises to \$24.99/month if you enroll after January 1, 2021.



Members will be supported every step of the way including for tech needs. Learn more and sign up at: https://bit.ly/vsvillagefreemonth or contact the Concierge, Ana (ana@vitality-society.com) with any questions.

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and update our resource page of services for seniors. If you are interested, please call 518-392-0191.

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Neighbors of Northern Columbia County

Our website is:

northerncolumbia.helpfulvillage.com

Our phone number is:

518.392.0191

Our mailing address is:

PO Box 582, Valatie, NY 12184

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