

[Test] NNCC Events for October 2020 and Beyond (2nd test)

From: Neighbors of Northern Columbia County - NNCC (nncc1info@gmail.com)

To: woodshaven147@ymail.com

Date: Thursday, October 1, 2020, 03:19 PM EDT



Fall Get-Together on October 5th

October 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

The warm weather is winding down, but before it goes for good, NNCC members are invited to an informal gathering from 11:00-12:30 on Monday, October 5th, to take place on the beautiful back lawn of the North Chatham Free Library.

There is no agenda for this event — just an opportunity to meet friends both old and new, and to get some fresh air. There will be plenty of room for social distancing, as chairs will be set up on the lawn in small groups with each person the recommended six feet apart. Bring a lunch, beverage, whatever gear is appropriate for the day, and join us for some much-needed camaraderie.

The Library is located on Route 203, near the intersection of 203 and 32 (4287 Route 203). Please park in the rear parking lot, which is nearest to the back lawn. For more information, contact Carol Hegeman at chathome@gmail.com, or call her at 518-392-9704. Though preregistration is not required, it is always appreciated. To do so, please either email nncc1info@gmail.com or call the official NNCC

number, 518-392-0191. We look forward to seeing you.



Holiday "Treasures" Fundraiser

NNCC's first virtual fundraiser is coming up soon. It's fun, easy and will help support our nonprofit organization. Called "*Holiday Treasures*," it is an online store featuring donated items and services that are worth at least \$25.00. It will be open from November 10th-20th (the perfect time to shop for some unique holiday gifts!!)



How does it work? Donations must be new (unless they are antiques) or lightly used. Suggestions include jewelry, art, homemade items, decorations and/or gift certificates for goods, services and food. We cannot accept damaged items, clothing, alcohol (though gift certificates to a liquor store are fine), or items that cannot be carried by one person. Donors should include photos, brief descriptions and value for each item that they donate.

How do you donate? Send an email to nncc1info@gmail.com (preferred), or call 518-392-0191 *no later than October 20th* to let us know what you are donating. Items can then be dropped off at the home of our webmaster, Maria Cosenza, 147 Ashley Hill Road in Brainard *no later than October 25th*. If this doesn't work, you can request that a volunteer pick up your donation and deliver it to Maria within the same time frame (October 20-25). Gift certificates can be mailed to her home address. Please be sure to include the value and description of your donation.

How do you buy? A link to “Holiday Treasures” will be posted on the NNCC website from November 10th-20th. Payment will be made online via credit card, debit card or PayPal. Purchased items can be delivered within the northern Columbia County area.



In order for this fun event to be a success, we are counting on members to donate, purchase and/or otherwise help by asking their friends to pitch in with donations. We need lots of items for folks to choose from!

Again, if donating, let us know via email or phone by October 20th, and deliver the item(s) to Maria by the 25th. The store will be open from November 10th-20th on the NNCC website, and items purchased can be delivered to you after November 20th.

NNCC Gets Fit

During the past few months we offered several outdoor activities for those desiring to get some physical exercise. Several NNCC friends and members participated in hikes at some of the area’s scenic properties maintained by the Columbia Land Conservancy, while others limbered up with a chair exercise class held at PS21. We



hope to offer additional exercise opportunities in the coming months, so keep an eye on our website.

Medical Note Taking Training Opportunity

A 2-hour Medical Note Taking course, designed for volunteers to help members get more from their medical appointments, is being offered November 4, 2020. Working with a medical note taker increases patient engagement with their medical professional, since they don't have to worry about taking notes or forgetting what has been said.

What is a Medical Note Taker expected to do?

A medical note taker is an individual trained to create an accurate record of what was discussed during a health care appointment, in order to share relevant information with the patient and others they designate afterwards. The note taker is not in the room during the physical exam. The Medical Note Taker typically speaks with the patient ahead of time so that a list of questions, symptoms or problems is brought to the appointment.



Interested in participating, please contact NNCC at nncc1info@gmail.com or call 518-392-0191.

Visit NNCC on FaceBook: facebook.com/NNCC1/

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Neighbors of Northern Columbia County

Our website is:
northerncolumbia.helpfulvillage.com

Our phone number is:
518.392.0191

Our mailing address is:
PO Box 582, Valatie, NY 12184

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